

CMLA COACHING FAQs

Where do I find a copy of the rules? There is a copy of the rules on the league website which is located on a CMLA League tab on the [CMS Website here](#)

Where do I find my team roster? If your team registered through our website your roster is located on your team page. If you have been assigned as the coach in our system, when you log into the website you can navigate to your team page through your account or **TEAM CENTRAL**. You will find the roster and be able to print the roster, including your contact info and player numbers. You will also be able to update player numbers by editing your roster. If your team did not register through our website you will need to complete a roster using the [roster form attached here](#) -

What is the minimum number of players I need to play a game? The rules allow for you to start a game with 4 players.

What do I do if I do not have enough players for my game? Please contact your parish director and the CMLA director of your opposing team, CMLA Director List is located here, also copy Referee Contractor Evan Berg eberg586@gmail.com,

Can I add players from another team? Unlike Catholic Metro Soccer, basketball teams are limited to those on the official team roster, no sharing of players, or 'playing up' from lower grades.



Can I bring players up for a lower grade team? No, teams are specific to the players on the official roster, no sharing of players, or 'playing up' players.

What if my team has a Church/School related conflict? As with all Catholic Metro Sports we will try and reschedule for Church/School related conflicts, this includes retreats, school awards ceremonies, SSAT's. Please advise us as soon as you hear of a major team conflict that would leave your team unable to play.

What do I do if one of my kids is injured in a game? Please take immediate steps to seek help and then please contact the League Nurse (nurse@catholicmetrosports.com or 404-926-6137) so she can follow up with the family and child.